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Phemac innovation week Conference on Water, Agriculture, Environment & Energy



May 22 - 24, 2023
phemac.sciencesconf.org



Conferences Hall, Faculty of Sciences and Techniques
Imouzzer road, Fez

Update of the list of medicinal plants traditionally used in the Province of Taza

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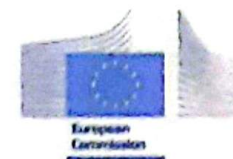
Abstract: A large number of plants have very interesting biological properties, which find application in various fields, namely in medicine, pharmacy, cosmetology and agriculture. The objective of this work is to list these uses of plants used in traditional medicine in unexplored areas of the province of Taza. Thus, a recent survey was conducted in the Pre-Rif of Taza (North-East of Morocco), among the rural population, between May / 2022 and January / 2023, with the aim of carrying out an inventory of medicinal plants and a collection of information relating to their therapeutic uses using a questionnaire. The series of visits carried out made it possible to inventory 80 species belonging to 46 floristic families with a predominance of the following families: Lamiaceae (30%), Asteraceae (8%), Myrtaceae (8%) and Fabaceae (5%). 80 species are used to fight different pathologies: the digestive system (13%), Diabetes (10%), Colds (9%). The leaves (52%), the aerial part (13%) and the seeds (9%) are the main parts used to prepare therapies. Alone or in combination, these parts are involved in the development of recipes by processes mainly using infusion (38%), decoction (26%) and powder (13%). The products obtained are administered mainly orally (78%) and by external applications represent 16%.

Keywords : Ethnobotanical survey, Therapeutic uses, Pre-rif of Taza, traditional medicine, plants.

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Update of the list of medicinal plants traditionally used in the Province of Taza.

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I.GHABBOUR , M.LAHMASS, M.LAGHMARI, T.BRNALI, A.KHABBACH and K.HAMMANI
PHEMAC'2023, MAY 22 – 23, 2023, FEZ – MOROCCO



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